SPROUTED™

During our "Unique" baking process, we let the raw pretzel set to perfection. Then, when ready, the pretzel is placed in the oven where it "Splits" open, creating bubbles and crevices that are crunchy and full of flavor. With our slow-baked, artisan process, each and every "Split" is Unique.

- ***NO:* Artificial Colors or Flavors**
- ***NO:* Added Sugars or Malts**
- ***NO:* Additives or Preservatives**
- ***NO:* Trans Fat**

- A Good Source of Fiber
- Organic
- NON-GMO
- Vegan
- Kosher
- Cholesterol FREE
- Sugar FREE
- Lactose FREE

Extra Virgin Olive Oil

Diabetic & Digestive Friendly

Sea Salt

100% Whole Grain Wheat

UNIQUE® SNACKS ESTD 1921

More Flavor. Fewer Ingredients. Smarter Baking.

SPROUTED Original "Splits"® Pretzel

Nutrition Facts

7.5 servings per container
Serving size 30g (about 3.5 pretzels)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 395mg	17%
Total Carbohydrate 23g	8%
Dietary Fiber 3g	11%
Soluble Fiber <1g (less than 1)	
Insoluble Fiber 2g	
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 3g	

Vit. D 0mcg 0% • Calcium 0mg 0%
Iron 0.9mg 6% • Potas. 110mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Organic Sprouted 100% Whole Wheat Flour, Organic Extra Virgin Olive Oil, Sea Salt, Soda and Organic Yeast.

ALLERGY INFORMATION: Contains Wheat

8 oz. Unit

0 79927 08011 2

8 oz. Case

0 79927 08511 7

SPROUTED Original PRETZEL Shells®

Nutrition Facts

7.5 servings per container
Serving size 30g (about 14 pretzels)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 395mg	17%
Total Carbohydrate 22g	8%
Dietary Fiber 3g	11%
Soluble Fiber <1g (less than 1)	
Insoluble Fiber 2g	
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 3g	

Vit. D 0mcg 0% • Calcium 0mg 0%
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INGREDIENTS: Organic Sprouted 100% Whole Wheat Flour, Organic Extra Virgin Olive Oil, Sea Salt, Soda and Organic Yeast.

ALLERGY INFORMATION: Contains Wheat

8 oz. Unit

0 79927 08111 9

8 oz. Case

0 79927 08611 4

What is "Sprouted Grain Flour?"

Essential Eating®'s authentic process duplicates nature's balance of sunshine and rain to sprout the whole grains into plants, so that your body can digest the flour as vegetables – not as dried seeds or starches!

ESSENTIAL EATING 100% ORGANIC AUTHENTICALLY SPROUTED ESSENTIALEATING.COM SPROUTED FLOURS

Ingredients: Organic Sprouted 100% Whole Wheat Flour, Organic Extra Virgin Olive Oil, Sea Salt, Soda, and Organic Yeast.

Unit Weight: 8 oz.
Units Per Case: 12
Net Case Weight: 6.1 lbs.
Gross Case Weight: 8 lbs.
Case Dims: 15.6" L x 13" W x 11" H
Pallet Tie/High: 9/7

The Spannuth family has been baking pretzels for six generations, dating back to the late 1800s. Since then, we have used only simple ingredients and continued to use a slow-bake process to provide you with the highest quality pretzels possible.

The Spannuth Family

UNIQUE® SNACKS ESTD 1921

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1-888-477-5487
www.UniqueSnacks.com

The Unique Sales Team can be reached at
610-929-3172 or Sales@UniqueSnacks.com

/uniquesnacks

MADE IN THE USA

NON GMO Project VERIFIED

USDA ORGANIC