## Milk Chocolate Coated "Splits"®

## **Nutrition Facts**

Serving Size 1oz. about 1 pretzel (28g) Servings Per Container Varies

Amount Per Ser	ving				
Calories 140	) (	Calories fro	m Fat 70		
		% D	aily Values*		
Total Fat 7g			11%		
Saturated	Fat 4.5g		22%		
Trans Fat 0g					
Cholesterol 5mg			1%		
Sodium 125mg			5%		
Total Carbohydrate 17g					
Dietary Fiber 1g			5%		
Sugars 90	1				
Protein 2g					
Vitamin A 0%		Vitamin C 0%			
Calcium 4%	•	Iron 8%			
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.					
	Calories	2,000	2,500		
Total Fat	Less than	65g	80g		
Sat Fat	Less than	20g	25g		
Cholesterol	Less than	300mg	300mg		
Sodium	Less than	2400mg	2400mg		
Total Carbohydrate Dietary Fiber		300g 25g	375g 30g		
		209	oog		
Calories per gram					

Ingredients: Wheat Flour, Coating (Sugar, Cocoa Butter, Whole Milk, Chocolate Liquor, Soy Lecithin [an emulsifier], Salt and Vanilla), Sunflower Oil, Salt, Soda, Yeast.

## Dark Chocolate Coated "Splits"®

**Nutrition Facts** 

Serving Size 1oz. about 1 pretzel (28g) Servings Per Container Varies

Amount Per Serving					
Calories 150 C		alories from Fat 70			
% Daily Values*					
Total Fat 8g			12%		
Saturated	Fat 5g		25%		
Trans Fat 0g					
Cholesterol Omg					
Sodium 120mg			5%		
Total Carbohydrate 17g 6%					
Dietary Fiber 2g 8%					
Sugars 10	)g				
Protein 2g					
Protein 2g					
Vitamin A 0%	•	Vitam	in C 0%		
	•	Vitam Iron 1			
Vitamin A 0%	•	Iron 1	5%		
Vitamin A 0% Calcium 2%	• alues are base	Iron 1 ed on a 2,000 d	5% calorie diet.		
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Vitamin A 0% Calcium 2% *Percent Daily Va Your Daily Value on your calorie r	• alues are base es may be hig needs. Calories	Iron 1 ed on a 2,000 d her or lower de 2,000	5% calorie diet. epending 2,500		
Vitamin A 0% Calcium 2% *Percent Daily Va Your Daily Value on your calorie r Total Fat	• alues are base es may be hig needs. <u>Calories</u> Less than	Iron 1 ed on a 2,000 d her or lower de 2,000 65g	5% calorie diet. epending 2,500 80g		
Vitamin A 0% Calcium 2% *Percent Daily Value on your calorie n Total Fat Sat Fat	• alues are base as may be hig needs. <u>Calories</u> Less than Less than	Iron 1 ed on a 2,000 of her or lower de 2,000 65g 20g	5% calorie diet. epending 2,500 80g 25g		
Vitamin A 0% Calcium 2% *Percent Daily Va Your Daily Value on your calorie n Total Fat Sat Fat Cholesterol	• alues are base as may be hig needs. <u>Calories</u> Less than Less than Less than	Iron 1 ed on a 2,000 of her or lower de 2,000 65g 20g 300mg	5% calorie diet. epending 2,500 80g 25g 300mg		
Vitamin A 0% Calcium 2% *Percent Daily Va Your Daily Value on your calorie r Total Fat Sat Fat Cholesterol Sodium	• alues are base es may be hig needs. <u>Calories</u> Less than Less than Less than Less than	Iron 1 ed on a 2,000 o her or lower de 2,000 65g 20g 300mg 2400mg	5% calorie diet. epending 2,500 80g 25g 300mg 2400mg		
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Vitamin A 0% Calcium 2% *Percent Daily Value on your calorie n Total Fat Sat Fat Cholesterol Sodium Total Carbohydra	• alues are base so may be hig leeds. Calories Less than Less than Less than Less than te	Iron 1 ed on a 2,000 of her or lower de 2,000 65g 20g 300mg 2400mg 300g	5% calorie diet. opending 2,500 80g 25g 300mg 2400mg 375g		

Ingredients: Wheat Flour, Coating (Sugar, Chocolate Liquor [processed with alkali], Cocoa Butter, Milk Fat, Soy Lecithin [an emulsifier] and Vanilla), Sunflower Oil, Salt, Soda, Yeast.

**Cherry Flavored Chips:** Sugar, Partially Hydrogenated Palm Kernel Oil, Reduced Mineral Whey Powder, Nonfat Dry Milk Solids, Anhydrous Dextrose, Soya Lecithin (an emulsifier), Salt, Artificial Flavor, Red Lake #40.

White Coating: Sugar, Fractionated Palm Kernel Oil and Partially Hydrogenated Palm Oil, Nonfat Dry Milk, Whole Milk, Soy Lecithin (an emulsifier), Vanillin (artificial flavor) and Salt.

Allergy Info: Produced in a facility that handles Peanuts, Tree Nuts, Dairy, Wheat and Soybeans. Product Contains: Milk, Soy and Wheat.